

A-Core Container

Do you need to bring an outdoor power bank when you go to Japan



Overview

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Before packing your power bank, it's essential to understand Japan's updated air travel regulations. As of July 8, 2025, major Japanese airlines including Japan Airlines (JAL) and All Nippon Airways (ANA) have introduced strict new rules for carrying portable batteries and power banks on flights.

Effective July 8, 2025, Japan mandates power banks be carried in hand luggage, kept within sight, with strict Watt-hour limits. Overhead bin storage and checked baggage are prohibited. Security requires separate screening and terminal protection, enhancing flight safety by mitigating lithium.

Yes, you can bring a power bank on a plane to Japan. However, there are specific regulations regarding their capacity. Power banks contain lithium-ion batteries, which can pose a fire hazard if not properly managed. Airlines and aviation authorities set limits on the watt-hour rating of these.

Lithium ion batteries must not be placed in check-in luggage and should be carried in carry-on baggage. However, batteries with a capacity of more than 160Wh are not permitted in carry-on baggage. Batteries (lithium ion and other) used in smartphones, mobile phones and other electronic devices can.

We've created the perfect Japan packing list that has the essentials (many of which you might not think about) and what you should NOT pack for a trip to Japan. We're also sharing what to wear in Japan for all seasons as well as tons of practical tips! Determining what to pack for a trip to Japan.

TOKYO — J apan’s transport ministry has announced that air passengers must keep their power banks in plain sight and not in overhead bins, according to local media reports this week. Starting July 8, passengers flying with all 23 Japan-based airlines must ensure their portable chargers are visible. Can I travel to Japan with power banks?

Traveling to Japan with power banks is subject to specific airline rules focused on safety and regulations. It is essential to understand these guidelines to ensure a smooth travel experience. - Power banks must not exceed 100 watt-hours (Wh) without airline approval. - Power banks between 100 Wh and 160 Wh need airline permission.

Are power banks banned in Japan?

- Japan requires power banks to stay visible and prohibits overhead bin storage from July 8, 2025.
- Power banks in carry-on only; 100-160Wh units need airline approval; over 160Wh banned.
- Security mandates separate X-ray screening and terminal protection to prevent lithium battery fires.

Are Japan's new power bank rules a direct response to safety risks?

The evidence suggests that Japan’s new power bank rules are a direct response to real safety risks. Lithium batteries can catch fire or release smoke if damaged, overcharged, or short-circuited. When stored in overhead bins or checked baggage, these devices are harder to monitor and reach in an emergency.

Will new regulations affect power banks/portable batteries on flights with Japanese airlines?

New regulations that impact how power banks/portable batteries are carried on flights with Japanese airlines are set to come into force imminently.

What are Japan's New in-flight power bank regulations?

Japan’s new in-flight power bank regulations, led by the MLIT and enforced by Japan Airlines and other carriers, mark a significant step in aviation safety. By requiring passengers to keep power banks within sight and banning storage in overhead bins, Japan is addressing real risks and aligning with global best practices.

Can you travel with a power bank?

Avoid leaving it in direct sunlight or near heat sources while traveling. Power banks with a capacity exceeding 100 watt-hours often require special permission for air travel. The International Air Transport Association (IATA) suggests checking the watt-hour rating and adhering to airline guidelines to avoid issues at check-in.

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